

Purpose: Asian ostomates or patients with a stoma need professional medical and nursing care for management of a stoma and for living with a stoma. The professional training-up shall be carried out under the program for registered nurses by Asian medical professionals including surgeons and urologists who specialized in ostomy, ET/ WOC nurses, medical social workers, medical sexual consultants, etc..

A graduate of the program is called ASN, who shall be engaged in stoma and its relations as a certified specialist.

For this purpose, fulfillment of the program and efficiency of the graduates are reviewed every country and every year by the ASSR education committee, which can advise, restrain, and encourage any district system manager of the ASN education program.

Role and Function of ASN: The Asian Stoma Nurse can specialize in 1) Professional stoma care management, 2) Professional support of stoma rehabilitation and ostomate's QOL, 3) Prevention of ostomy complications and original disease recurrence*, 4) Realization of the IOA Charter, 5) Fellow member who can contribute to ASSR activity.
*ASN can bring early to notice of the doctor responsible for treating the patient.

Admission Requirements: Registered Nurses (RN) who are in clinical practice and have special attitude to learn more about theory and technique of the stoma care and stoma rehabilitation.

Tuition Fee: In principle, there is no tuition fee for studying but a clinical practice fee which is actual expenses during the clinical training. It depends on each country's situation: any grant, devotional volunteer system, institute's social contribution, etc..

Project: See the theory program and the clinical competency log-book with a list attached herewith.

Suggested References and Textbook: See a list of your country education system.

Recognition and Examination: Graduates completing this program, who passed both of the theoretical examination and the clinical examination, will receive a certificate from the ASSR Education Committee (AEC) under recommendation of the country's program responsible person in charge.

Certificate with Stamp: The certificate shall include a successful graduate's full name, a country's responsible person's autograph, an AEC chief's autograph and the ASSR official stamp with a consecutive number. This system is not recognized by WCET nor WOCN, but by ASSR.

PROJECT - STOMA CARE TRAINING IN A COUNTRY

Trainers – Surgeons, Stoma Nurses, Fully rehabilitated ostomates, Subject specialists
Trainees - Health care professionals, Ostomates
Certifying Bodies – Local Surgical Association/ Government Educational Bodies/ ASSR

A. THEORY PROGRAM

Day 1

1. Anatomy and Physiology of Digestive System (Doctor) – 1 hour
2. Types of Digestive Ostomies (Surgeon) – 30 mins.
3. Indications for Digestive Ostomies (Doctor) – 30 mins.
4. Anatomy and Physiology of Urinary System (Doctor) – 1 hour
5. Types of Urinary Ostomies (Urologist) – 30 mins.
6. Indications for Urinary Ostomies (Doctor) – 30 mins.
7. Marking the stoma site (Stoma Nurse/ Surgeon) – 1 hour
8. Hands on training for stoma marking (Surgeon/ ET/ Nurse) – 2 hours

Day 2

1. How to properly construct a stoma (Surgeon) – 1 hour
2. Stoma care: A doctor and nurse collaboration (Surgeon/ Stoma Nurse) – 1 hour
3. Why Rehabilitation? Role of the Visitor (Surgeon/ Stoma Nurse) – 1 hour
4. Clinical examination of stoma (Surgeon/ Stoma Nurse) – 45 mins.
5. Discharge planning (Stoma Nurse/ Surgeon) – 1 hour
6. How to organize a rehabilitation clinic for ostomates? (Surgeon/ Stoma Nurse) – 45 mins.
7. Role of Stoma Nurse (Stoma Nurse) – 45 mins.
8. Psycho-social issues of Ostomates (Surgeon/ Stoma Nurse/ Psychologist) – 1 hour
9. Selection of stoma appliances (Stoma Nurse) – 1 hour
10. Discussion on subjects covered – 1 hour

Day 3

1. The irrigation (ET Nurse/ Surgeon) – 2 hours
2. Meeting with the mfg. companies of Ostomy products in the country – 2 hours
3. Stoma complications (Surgeon/ Stoma Nurse) – 1.5 hours
4. The Ostomate in the family, in the work and as a visitor (Local Ostomates) – 1 hour
5. Training to care givers of Ostomates (Stoma Nurse/ Ostomates) – 45 mins.
6. Role of the ostomy association: Establishment and Finance (Surgeon/ Ostomates) – 1 hour
7. Lessons Learned as Ostomate - (Interactive session) – 1 hour
8. Discussion – 1 hour

Day 4

1. Stoma clinic and Outpatients department – 3.5 hours - Practical demonstrations with the patients, irrigation included (ET/ Stoma Nurse / Surgeon/ Ostomates)
2. Ostomy Association / Country / Region / International and their Role for improving QOL of Ostomates (Surgeon/ ET/ Ostomates) – 1.5 hours
3. Legal and Ethical issues (Surgeon/ Stoma Nurse) – 1 hour
4. Stoma Care in the clinic/ community (Stoma Nurse) – 30 minutes
5. What are ASSR, APETNA and WCET (ET/ Stoma Nurse)? – 2 hours
6. Discussion – 1 hour

Day 5

1. Stoma clinic and Outpatients department – 3.5 hours - Practical demonstrations with the patients, irrigation included (ET / Stoma Nurse / Surgeon/ Ostomates)
2. Ostomates & Sexuality (Surgeon/ Sexologist) – 1 hour
3. Nutrition for ostomates (Stoma Nurse/ Nutritionist) – 45 mins.
4. Holistic Approach to Stoma care (Stoma Nurse/ Surgeon) – 30 mins.
5. Research / Evidence based stoma care training (Stoma Nurse/ Surgeon) – 1 hour
6. Visitor training (Surgeon/ Stoma Nurse/ Ostomates) – 2 hours
7. The needs of ostomates in the Country (Local Ostomates) – 45 mins.
8. What is your project for the future? (Round table with all the participants) – 1 hour
9. Closing ceremony and delivery certificates of participation

B. PRACTICAL TRAINING (See the clinical competency log-book below)
25–30 hours of practical training in a Local Stoma Clinic run by trained stoma nurse/ ET/ Surgeon.

CLINICAL COMPETENCY LOG BOOK

Name:

Date:

Hospital/Clinic:

CLINICAL COMPETENCIES for STOMA CARE NURSE COURSE

The student is required to be assessed as competent in clinical skills before completion of the course to qualify for certification as stoma care nurse.

Directions to students

1. Keep the book with you at all times.
2. It should not interfere with your regular work.
3. Arrange with the area local preceptor when you are ready for the assessment of any procedure.
4. Clinical competencies may be stimulated where necessary at the discretion of the local preceptor.
5. Each competency should be initiated and dated by the preceptor at time of assessment.

No	CLINICAL COMPETENCIES	OBSERVED	ACHEIVED	COMMENT
	Student will be able to do			
	Pre-operative orientation			
	1.1 Able to counsel patient going in for ostomy surgery			
	1.2 Importance of self-care and the stoma rehabilitation (general)			
	1.3 Support by ostomy association			
2.	Explain to patient with drawing			
	2.1 Normal gastro-intestinal tract			
	2.2 Abdomino-perineal resection			
	2.3 Anterior resection with temporary diversion			
	2.4 Hartmann procedure			
	2.5 Posterior sagittal ano-recto-plasty			
	2.6 Intersphincteric resection			

3.	Explain to patient with drawing			
	3.1 Normal genito-urinary system			
	3.2 Ileal conduit			
	3.3 Ureterocutaneostomy			
	3.4 Nephrostomy			
	3.5 Total pelvic evisceration			
4.	Assess needs, plan and implement, and evaluate care of patients undergoing elective surgery (Nursing Process Format)			
	4.1 Colostomy			
	4.2 Ileostomy			
	4.3 Ileal conduit			
	4.4 Double ostomies			
5.	Apply, remove and empty a bag & a faceplate in a pouching system (1 st to 10 th days)			
	5.1 Sigmoid end colostomy			
	5.2 Transverse loop colostomy with a rod			
	5.3 Ileostomy			
	5.4 Urinary diversion			
	5.5 Double stoma			
6.	6.1 Collect a sterile urine sample from an ileal conduit			
	6.2 Management of a leg bag			
7.	7.1 Apply a bridge dressing between an ostomy and a main incisional wound			
	7.2 Clean the peristomal skin			
8.	Develop a discharge plan for patient with			
	8.1 colostomy			
	8.2 ileostomy			
	8.3 urinary diversion			
	8.4 double stoma			
9.	Recognize & manage complications			
	9.1 Assessing & classification of peristomal skin lesion			
	9.2 parastomal hernia			
	9.3 stomal stenosis			
	9.4 stomal prolapse			

	9.5 stomal retraction			
	9.6 skin excoriation & dehiscence of muco-cutaneous junction			
	9.7 stomal bleeding			
	9.8 stomal necrosis			
	9.9 phosphate crystals			
	9.10 stomal blockage			
10.	Health education on rehabilitation			
	10.1 personal hygiene			
	10.2 diet			
	10.3 activities (sports, travel, etc.)			
	10.4 sign & symptom of stoma complications: Diarrhoea, food-blockage, etc.			
	10.5 irrigation (pros and cons)			
	10.6 employment, job, hobby, communications, etc.:Odor & noise			
11.	11.1 Able to inform where patient can get/buy appliances			1 2
	11.2 Welfare system; economy, medical, social, etc.			
12.	Able to provide 2 contacts for patient support			1 2
13.	Management in a case of emergency; personal. nature, social, etc.			